

# ASHI CPR & First Aid

## Class schedule

### January-June 2013

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|                |                                  |
|----------------|----------------------------------|
| Jan 5, 2013    | CPR Pro for Pro Rescuers         |
| Jan 12, 2013   | CPR Community & Work/ 1st Aid    |
| Jan 19, 2013   | CPR Pro Recertification          |
| Feb 2, 2013    | CPR Pro for Pro Rescuers         |
| Feb 9, 2013    | CPR Community & Work/1st Aid     |
| Feb 16, 2013   | CPR Pro Recertification          |
| March 2, 2013  | CPR Pro for Pro Rescuers         |
| March 9 2013   | CPR Community & Work/1st Aid     |
| March 16, 2013 | CPR Pro Recertification          |
| April 6, 2013  | CPR Pro for Pro Rescuers         |
| April 13, 2013 | CPR for Community & Work/1st Aid |
| April 20, 2013 | CPR Pro Recertification          |
| May 4, 2013    | CPR Pro for Pro Rescuers         |
| May 11, 2013   | CPR for Community & Work/1st Aid |
| May 25, 2013   | CPR Pro Recertification          |
| June 1, 2013   | CPR Pro for Pro Rescuers         |
| June 8, 2013   | CPR for Community & Work/1st Aid |
| June 15, 2013  | CPR Pro Recertification          |

- minimum requirement of 4 students per class

These programs are offered through the  
American Safety & Health Institute (ASHI)



**City of Deltona  
Fire Department  
1685 Providence Blvd.  
Deltona, Florida 32725  
(386) 575-6907**



**ASHI CPR  
& BASIC  
FIRST-AID  
CLASSES**



## American Safety & Health Institute CPR Pro for the Professional

CPR Pro for the Professional Rescuer is intended for participants who must have credential ( a card ) documenting successful completion of a course in CPR and BLS for healthcare professionals. Such credentials are typically required for people who provide healthcare to patients in a wide variety of settings, both in-hospital and outside the hospital. This course will teach you how to recognize and respond to life-threatening emergencies such as cardiac arrest respiratory arrest and foreign body airway obstruction ( choking ) . You will learn to recognize heart attack and stroke in adults and breathing difficulty in children.

6-8 hours ( 2 year certification )

## CPR for the Community & Workplace (ASHI)

If you want to know what to do in an emergency, CPR for the Community & Workplace course can help you. With the knowledge and skills you learn in this course, you can save the life of a loved one, a friend, a coworker, or a citizen in your community.

This course will teach you how to recognize & treat life-threatening emergencies, including cardiac arrest and choking. You will also learn to recognize the warning signs of a heart attack and stroke in adults and signs of breathing difficulty in children.

4 hours ( 2 year certification )

## American Safety & Health Institute CPR Professional Recertification

This is a recertification course for those who have cards that are expiring and need to recertify.

CPR Professional Recertification course is intended for participants who must have credential ( a card ) documenting successful completion of a course in CPR and BLS for healthcare professionals. Such credentials are typically required for people who provide healthcare to patients in a wide variety of settings, both in-hospital and outside the hospital.

This course will teach you how to recognize and respond to life-threatening emergencies such as cardiac arrest, respiratory arrest, and foreign body airway obstruction ( choking ) . You will learn to recognize heart attack and stroke in adults and breathing difficulty in children. 4 hour class

## American Safety & Health Institute Basic First Aid

First Aid is the immediate care given to due injured or suddenly ill person. It is a temporary assistance that is rendered until competent medical care, if needed, arrives and takes over.

This is a basic course that will concentrate on the first five minutes of care.

Properly applied first aid can save lives, reduce recovery time, and quite possibly be the difference between temporary disability or lifelong disability for a victim.

4 hours ( 2 year certification )

## Pre-Registration Form

| <u>Sign up for:</u>           | <u>Time</u> |
|-------------------------------|-------------|
| <u>Price</u>                  |             |
| CPR Pro Rescuer               | 8:30-4:30   |
| \$45.00                       |             |
| CPR for Community & Workplace | 8:30-12:30  |
| 25.00                         |             |
| CPR Pro Recert                | 8:30-12:30  |
| 35.00                         |             |
| Basic First Aid               | 1:30-5:30   |
| 25.00                         |             |

- books are included in the price of class\*

Total\_\_\_\_\_

Class Name/  
date:\_\_\_\_\_

\_\_\_\_\_ address

\_\_\_\_\_ Phone #

Cash or checks accepted for payment

\*please make checks payable to  
City of Deltona

For further information  
Please call  
(386) 575-6907